



Photo: Valérie Busque

The Indispensable

EMERGENCY KIT

ELISABETH B.

MARIAGES & ÉVÉNEMENTS
WEDDINGS & EVENTS

BEAUTY

- Makeup (including lipstick, lip gloss, mascara, powder, small brush, etc.)
- Tweezers
- Cotton swabs and makeup remover
- Oil absorbing sheets
- Nail polish (your color and clear)
- Hairspray
- Transparent hair ties and bobby pins
- Spare earrings

FOOD & BEVERAGES

- Small water bottle and straw
- Granola bars or other snacks

FIRST AID

- First aid kit including adhesive bandages, gauze pads, antiseptic, disinfectant
- Meds such as pain relievers (Tylenol, Advil, etc.), antacid (Tums, Zantac, etc.), allergy medication (Benadryl), antihistamine (Claritin, etc.)

FEMININE HYGIENE

- Tampons and sanitary napkins
- Tissues
- Wet wipes
- Moisturizer
- Deodorant
- Toothbrush, toothpaste, floss
- Mouthwash
- Breath mints
- Eye drops and/or solution for contact lenses
- Comb

OTHER

- Sewing kit including scissors, safety pins, needles, button, thread, straight pin for boutonniere
- Instant stain remover (ex. Tide to Go)
- White chalk (hide stain on the bride's dress)
- Lint roller
- Super glue (ex: for nails, jewellery, shoes, etc.)
- Double-sided tape
- Phone charger
- Baby powder
- Other: _____